



The Thief of Time: Philosophical Essays on Procrastination, Chrisoula Andreou, Mark D. White, Oxford University Press, USA, 2010, 0195376684, 9780195376685, 300 pages. When we fail to achieve our goals, procrastination is often the culprit. But how exactly is procrastination to be understood? It has been described as imprudent, irrational, inconsistent, and even immoral, but there has been no sustained philosophical debate concerning the topic. This edited volume starts in on the task of integrating the problem of procrastination into philosophical inquiry. The focus is on exploring procrastination in relation to agency, rationality, and ethics-topics that philosophy is well-suited to address. Theoretically and empirically informed analyses are developed and applied with the aim of shedding light on a vexing practical problem that generates a great deal of frustration, regret, and harm. Some of the key questions that are addressed include the following: How can we analyze procrastination in a way that does justice to both its voluntary and its self-defeating dimensions? What kind of practical failing is procrastination? Is it a form of weakness of will? Is it the product of fragmented agency? Is it a vice? Given the nature of procrastination, what are the most promising coping strategies?.

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Quotes about Procrastination , QuotationsBook.com, , , . .

The Time Paradox The New Psychology of Time That Will Change Your Life, Philip Zimbardo, John Boyd, Aug 5, 2008, Psychology, 358 pages. Reveals how your individual time perspective shapes your life and is shaped by the world around you, interacting to create national cultures, economics, and personal destinies..

It's about time! the six styles of procrastination and how to overcome them, Linda Sapadin, Jack Maguire, Jun 20, 1996, Psychology, 258 pages. Critically analyzing the roots of procrastination, a psychologist identifies six types of procrastinators linked to personality and family dynamics and presents a three-step

The Meaning of Disgust , Colin McGinn, Nov 17, 2011, Philosophy, 248 pages. Disgust has a strong claim to be a distinctively human emotion. But what is it to be disgusting? What unifies the class of disgusting things? Colin McGinn sets out to analyze

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Beat Procrastination: Once and For All , SelfMadeEasy.com, , , . .

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